

Good



True

St. George's College Old Boys' Association, ON, Canada

www.stgctoronto.com Newsletter Issue # 61, Fall 2011

President's Message Ray Chang receives Order of Jamaica



It is my privilege to convey greetings to you on behalf of the St. George's College Old Boys' Association in Toronto.

I am truly grateful for the tremendous sacrifices by our

alumni and supporters in ensuring that less fortunate children continue to have a very high quality of education. The extraordinary work that is being done at our three St. G.C. Chapters – Jamaica, Toronto, and Florida – has made a significant difference in the lives of St.G.C. students. A special thanks to our spouses who continue to function as the greatest supporters of our *alma mater*.

Our annual Family Brunch/Mass, held on May 29, 2011, was successful by virtue of an excellent turnout complemented by great food and fellowship. Our guest-speaker and celebrant, **Rev. Michael Davidson S.J.**, was instrumental in exhorting us to maintain our commitment to our community, *alma mater*, and faith. I am also appreciative of the effort that was given by all our executive in making this event a success.

PRESIDENT, CONTINUED PAGE 3



Congratulations, Ray!

Dr. Gladstone Raymond Chang has been awarded the title of ORDER OF JAMAICA, the fourth highest rank of honour in the nation. On the occasion of the 49th anniversary of Independence, His Excellency, the Governor-General, the Most Honourable Sir Patrick Linton Allen, made the appointment to the Orders of the Societies of Honour and awarded Ray with the Badge of Honour. He has been recognized "for his outstanding contribution as a business leader and philanthropist in the financial, education and cultural sectors."

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Director at Large	DANIEL HO LUNG	(647) 891-0489
Interim Director (Membership)	OMARI SPENCE	(416) 554-0048

Sunday, October 02, 2011 -Fun Walk with KC/Roper Cup, St.G.C. vs. KC

In the news...



Robert N. Lowe-Ching received his M.B.A. degree in accounting from Niagara University on May 21, 2011. Robert received several awards in Accounting and Business. He is now working and studying for his C.P.A. exam. He is the son of **Dr. Stanley and Pauline Lowe-Ching**.

Proud Grandparents

Fred and Georgie Kennedy proudly announce the birth of their first grandchild, **MURRAY JAMES**, 7 lbs 14 oz, born July 15, 2011 to **Sarah Kennedy and James Near** in Oxford, UK.



Jason and Simone Hagen celebrate birth of their first child, **Elise**, born July 14, 2011, 6 lbs 14 oz. Simone is daughter of **Gregory** (now deceased) and **Georgia Lee**, and niece to **Patrick and Loraine Lee**.



On a fund-raising visit to Miami, June 11, 2011, President Obama is seen here shaking hands with fellow-Georgian, **John (Neil) Beckno**, class of 1975. JB, an avid supporter of the President and his 2012 re-election campaign, is a South

Floridian businessman who is President of Archer Painting in Key Largo, Florida.

Dr. Joan M. Lowe-Ching, D.M.D. received her Doctor of Dental Medicine degree from the University of Pennsylvania on May 16, 2011. At this time, she is working at a hospital in New York City. She is the youngest daughter of **Dr. Stanley and Pauline Lowe-Ching**.



In May, on their way to Boston for Rev. Michael Davidson's graduation from Boston College, **Robbie and Heather Vernon** stopped in to visit with Rev. James Hosie S.J. and Rev. Larry O'Toole S.J., seen here having dinner in the cafeteria at Weston.

The Class of '76 gathered in Ft Lauderdale for their 35th Reunion weekend of July 8th. First meeting was at the infamous Truck Stop on Friday night which saw a sprinkling of the 76ers coming out, some accompanied by their spouses. A raucous time was had by all as memories were shared and friendships



Trevor Palmer, Chris Chin.

rekindled. The main gathering was scheduled for Saturday at the home of Ed and Julie Young. Twenty one 76ers came out; some had not been seen or heard from in 35 years and what a night it was. Dropping in to share in the event was

Trevor 'Speedy' Palmer, President of the Florida Chapter of the Old Boys Association and Edmond 'Cushu' Johnson (class of 75) who heard we were in town and surprised us with his presence. Sunday saw a handful of the 76ers gathering at the home of Ed and Vance Browne in Port Charlotte. Next reunion is planned for 3 years time instead of 5 as many felt 5 years was too long in between, and we were all getting on in age. **Chris Chin**



L-R: Zach Morris, Donovan Chen See, Donovan Yap, Gary Channer, Edmond 'Cushu' Johnson (Class of '75), Conrad Wee Tom, Kurt Lee and Eric Stultz.



Alex Vernon has been appointed Professor to Ave Maria School of Law, Naples, Florida, as a Visiting Assistant Clinical Professor of Law beginning this Fall. Professor Vernon will teach Advanced Clinical Law at the Asylum Law Clinic. Professor Vernon earned his Juris Doctorate at Ave Maria

School of Law and a Bachelor of Arts from St. Michael's College at The University of Toronto, Canada. Proud parents are **Robbie and Heather Vernon**.

William Mahfood Managing Director of Wisynco Group Ltd, son of **Joe Mahfood**, receives honorary Doctor of Public Service degree from Dr Daniel Fider, President of Northern Caribbean University, August 24, 2011, Mandeville campus in Parish of Manchester, Jamaica.



PRESIDENT, from page 1

St. George's College continues to benefit from the generosity of our sponsors and donors who played a significant role in making our Annual Ball a tremendous success. This sold-out event, our main fundraiser, was held on July 29, 2011 at the prestigious Le Parc Banquet and Conference Centre in Markham, Ontario. My sincere thanks to everyone who attended, and to the executive of our Board who continue to maintain a culture of excellence.

On Sunday August 07, 2011, alumni from Alpha Academy, Immaculate Conception High School and St. George's College convened for another wonderful annual picnic. This event serves as a

celebration of our culture, a way to cement the bond between the Chapters, and certainly a reminder of our commitment to our respective high schools.

I am reminded that our school originated with a vision to prepare young people for excellence in every facet of society. The achievements of our alumni are a testimony that this vision has been realized throughout the annals of time. As we celebrate our *alma mater's* 161 years of existence, let's continue to be mindful of the significance of high school education and ensure that those who attend St. George's College have the highest levels of tutelage and great educational facilities.

MILTON HART, President Ad Majorem Dei Gloriam

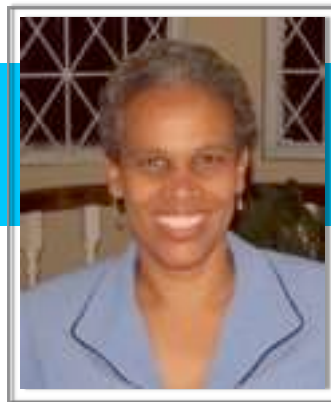
Principal's Message

I write this on the first day of the 2011-2012 academic year and what a year it promises to be! With GSAT averages ranging from 83% to 94%, CSEC and CAPE passes averaging 87% and 89% respectively, and internal grades also reflecting continued improvement in performance, our prospects of achieving excellence once again in the new academic year are exciting.

The theme for the academic year is "Examples of Excellence; expecting better, achieving more". We encourage all members of the school community to have high expectations of themselves and others, and hold themselves accountable for achieving those expectations. The theme was introduced to our first form students and parents at our Welcome Service on Sunday, September 4, 2011 at the Holy Trinity Cathedral. Rev. Peter McIsaac, who officiated, encouraged the new Georgians to follow in the footsteps of last year's Student Council President Christopher Campbell, who left a few weeks ago to take up a full scholarship at the College of the Holy Cross. We are very proud of the accomplishments of our new students and our graduates.

The campus looks good thanks to the hard work of our ancillary staff during the summer break and the ongoing support of liaison, Carl Chang. The construction of the Archbishop Lawrence A Burke S.J. Centre is moving along well and some finishing touches that were outstanding have been put on the O'Hare building. Staff rooms, classrooms, buildings and walls have been painted and we have been planting grass and trees. The science labs are still in need of renovation but I am sure that the season for that is not far off.

Our new Head Boy is Jezeel Martin whom some of you may remember from his visit



"Examples of Excellence; expecting better, achieving more..."

last summer, and his two deputies are Manfas Hay and Sheldon Edwards. We anticipate that student leadership guided by these three outstanding young men, will be of a high standard. We also have a new acting Dean of Students, Mr. Fitzroy Williams. Mr. Williams is no stranger to the College as he has served before in the capacity of Campus Minister.

As you may know, our first competition for the academic year is Manning Cup football and we have our first match on Monday, September 12, 2011 against Edith Dalton James High. Under the excellent guidance of coach Neville Bell we anticipate victory.

Thank you for your support during 2010-2011 and I crave that support again this academic year. We have many students in need and the number increases each academic year. Please be generous in your contributions to the school especially in the area of student welfare and scholarships.

May God's peace be with you.

Margaret Campbell

Rev. Peter McIsaac, S.J.
on St. George's Day.



Manning Cup Group E

St. George's College
Spanish Town High
Tarrant High
Meadowbrook High
Edith Dalton James
High
Innswood High



On right, newly painted wall at Winchester Park. On left, new solar street lights.



Head boy, 2011-2012
Jezeel Martin.

ST. GEORGE'S DAY

It was a beautiful day, the blue sky mottled with white clouds. Holy Trinity Cathedral was filled with Georgians as St George's Day was celebrated by students, teachers and well wishers. The choir and the students sang with gusto, bringing back memories of my younger days. Fr. Peter McIsaac gave a wonderful sermon as he always does. After the Mass there was the announcement of the newly elected Head boy. Apparently, the election went through a pretty complicated process but Jezeel Martin won the day. He seemed extremely popular judging from the excitement in the crowd. Congrats, Jezeel!

The marching band then led the student, the Principal and guests down South Camp Road, west along North Street and finally into Winchester Park. The march was colorful and the band reminded us that Carnival time was coming! While it was taking place, the school's Cadet Force gave a competent display of raising the Georgian and the Jamaican flags on the newly erected flag poles which are now stationed beside the historic entrance gate. This was followed by Principal, Mrs. Margaret Campbell, giving respect and praises for the wonderful contributions made by past students, and on behalf of the Old Boys' Associations, she and Carl Chang then conferred Knighthood on Richard Lake, Ian Wong, Fred Kennedy, who was representing the Old Boys' Ontario Chapter, the late Ambassador Lloyd Barnett and Christopher Berry. Tony Wong and Lloyd Tenn were also honored with a special plaque for their contribution.

Mrs. Campbell was presented with donations of Ja\$1m from Ambassador Lloyd Barnett's representative. This will go towards the Lawrence Burke Building. She also received Ja\$100,000 from the Ontario Chapter to help the school's athletic team attend the Penn Relays.

Other Old Boys seen in attendance were Basil Lue, Anthony Irons, Clive Chambers, and special guest Trevor Palmer, the President of the Florida Chapter.

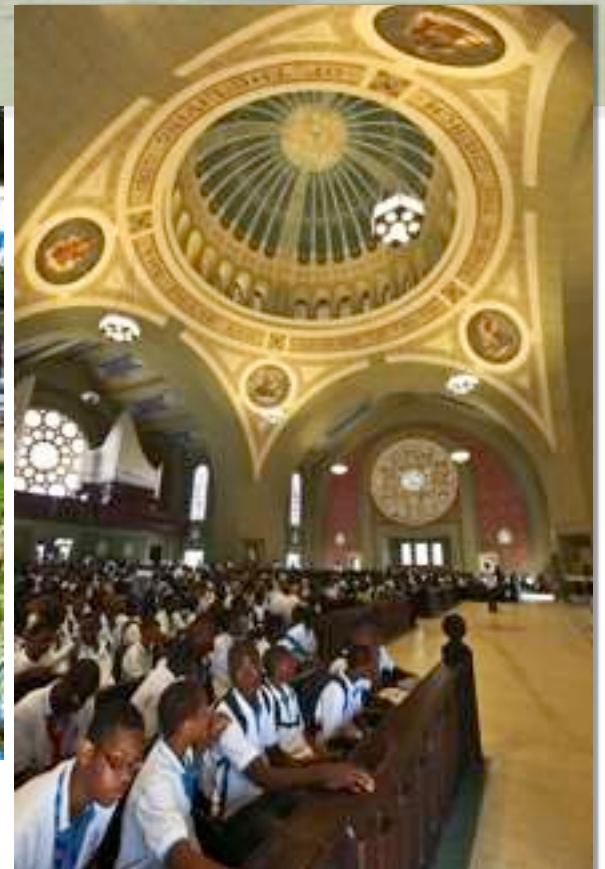
Of course, the students made it a big day with their displays of art and science projects which were shown around the school.

It was a wonderful day and I would like to thank the Principal, her staff and students who put out a great effort in producing an unforgettable St. George's Day.

by Tony Wong AMDG



L-R: Basil Lue, Fred Kennedy, Margaret Campbell, Richard Lake, Ian Wong, Carl Chang.



FAMILY MASS AND BRUNCH



Future Pres!



Rev. Fr. Michael Davidson S.J.



Four Generations

L-R Carole Vernon with son Daniel, Alex Vernon, Veronica Gibson centre with great grandchildren, Lucy in arms & Annie, Heather & Robert Vernon.



Sean Wilson, Richard Saunders, Paul Lee and Victor Morgan



Rev. Deacon Patrick Chang

The Georgian family celebrates

Rev. Michael Davidson S.J. was the guest of honour at the George's Family Mass and Brunch held at the Thornhill Community Centre on Sunday, May 15, 2011. Fr. Michael celebrated the liturgy for a large number of Georgians and their families, inspiring all with his dynamic sermon.

The event drew the attention of several 'younger' old boys who live in the wider Toronto area. It was a truly wonderful social event where families, children, grandchildren and relatives of Georgians socialized. John Flynn and his wife catered a sumptuous meal, a buffet with salads, jerk pork, jerk chicken, pastas and roast beef, followed by delectable deserts.



L-R: Gary Thompson, Annette Flynn, Catherine Thompson, (Georgie Kennedy, hidden, but shown below), Sonia Stasiuk, Jo-Jo Ho Lung, Donette Chin-Loy, Novelette Graham-Hart, Arlene McDowell, Charmaine Chin, and Michelle Saunders.



Omari Spence, hard at work, canvassing for new members



Georgianne Kennedy



Another future Pres!



L-R: Gary Thompson, Joseph Hernandez, Richard Saunders, Graham Lorenzo, Victor Morgan, Kassie Ozzie, Alexander Linton, Michael Davidson, David Hernandez, Fred Kennedy, Robbie Vernon, Omari Spence



Paula Chang

In his address, Milton Hart, President, gave tribute to Robbie Vernon who is a founding member of the Ontario Association and announced that we will be inaugurating a new award in his honour to be conferred on deserving Georgians who have done outstanding work for our Chapter, the school and their communities.

JUST MY VIEWS



I remember the days when our members used to contact us for tickets to attend our events. Today, the Association has to be phoning and literally begging people to attend functions like the Annual Summer Ball, the Picnic, and the Golf Tournament. Good heavens guys! Several old boys are continually working behind the scenes to preserve St.G.C.'s status as the most prestigious secondary school in Jamaica. Let me recommend, that if any

of you have suggestions on how to improve the Association's events, then please contact the Executive Committee. You can do this by going to www.stgctoronto.com, click on the "Your Executive" tab, and send an email message to the member of your choice, or to all, if you wish. This will ensure that the Association's events will be more appealing to you all. We need more attendance at these events. For obvious reasons, the school and students look forward to our Association's continued success. So speak up, as your ideas will always be appreciated.

Going down memory lane... It was 3:00 A.M. I could hear crickets chirping outside the building and the snoring of fellow students within the dorm. The boarding school at St. George's College housed about 60 students. I was awakened from a deep sleep by stifled giggles coming from a couple of guys at the back of the dorm, followed by a stern warning of "Ssshhh!" from someone else. Three guys stepped as quietly as possible past my bed, all in a crouched-over, tip-toe position, like Wiley-Coyote, the cartoon character. They stopped at the bed just across from mine. The glow from their faint flashlight was enough for me to see what they were doing, but I could not see who they were. In my groggy state, I saw that one guy had a can of black shoe polish in one hand and a piece of cloth in the other. A second person had a can of brown shoe polish and a piece of cloth as well. They were painting the faces of those who were dead to the world. I smiled, closed my eyes to go back to slumber-land. I could hardly wait for morning to come as school would be closing for summer holidays then. Just as my eyes rolled back in my head and eyelids were slamming shut, I caught a glimpse of something black on my white pillowcase. It was black shoe polish! They had painted me too while I had been sleeping, and I never felt a thing while they were doing it. Ticked off, I screamed as loud as I could, "HEY!" The trio bolted immediately, diving under beds, vanishing into the darkness.

Moments later, the dorm lights came on. My scream had woken **Fr. Gerry Bowman**, the Jesuit priest in charge of the dorm. "Gentlemen!" His booming voice echoed off the walls, awakening all the boys. Looking around I could see about thirty other guys with black or brown faces showing under the bright dorm lights. "It's 3:00am, and you don't want me to come out here again to speak to you, 'cause you won't like it!!" Shouted Fr. B. Fr. Gerry turned away quickly, chuckling silently to himself, as he went back into his room.

Half an hour later, "PASH" went the sound of a cricket sized ball of rolled up toilet paper, soaked in water. It crashed on the floor beside me. "Flop", a second one hit the bed next to mine, shattering into hundreds of fragmented pieces of paper, soaking my pajamas, and splashing my painted face. Wet bombs began raining down on us, 50 or more. Jamaican cuss words rang out from those who got hit. Then the bombing ended as quickly as it started. In a flash, the guys crashed into their beds, followed by dead silence.

Fr. B. never came out of his room a second time. 6:00am -time to get up. Fr. Bowman emerged from his bedroom with a stern look on his face. I learned this look was just for show. Over the years, the priests at St. George's all knew that on the last boarding school night, shenanigans would happen. It was all in fun. Most of us took it that way but a handful of others would get in a fighting mood.

This was just a part of the fun times we all had as boarders at this great school!

It was good to see 1963 Manning Team player **Winston Cooke** who was here visiting in Toronto. **Patrick Haddad** had Cookie over at his house and I, along with **Larry Morris**, **D.Barnes** and **Ambassador Chang**, all dropped by to say hello. Man, that guy Cookie hasn't added any new wrinkles to his face over the years. We had a great time reminiscing about old times. And thanks to **Pat** and wife **Sheila**, the food was great too.

Our sincere condolences to **Patrick Lee** who lost his mother recently. May the Good Lord bless and keep her close to His side. As well, our sincere condolences go out to the **King family**. May the Good Lord bless and keep **Ethan King**, (98 yrs old) who passed away recently.

Heartiest congratulations to **Ray Chang** for receiving the "Order of Jamaica" Award, one of several other prestigious awards he has received over the past 5 years. Proud family and friends turned out to the event held in Kingston recently.

Congratulations also to old, old boy Patrick Garel, who got an 87% average on his Tax course at the University of Waterloo!

A Gaaneeeeee!

Correction: In Just my Views, Issue #60, Spring 2011, "The magician" was not Richard Vendryes. His correct name is Harry Vendryes.

A G a a a n n n e e e !

Neil Dalhouse

News from the Florida Chapter

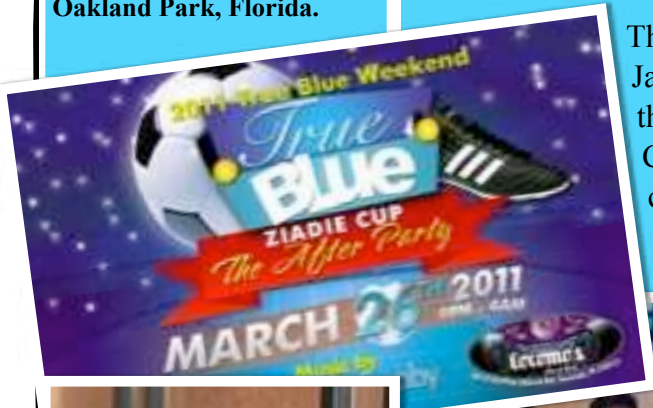


Congratulations to our own Horace McHugh who was recently elected to serve as an at-large Board Member on the Florida City and County Management Association (FCCMA) which serves as a resource for professional development, a forum for discussing emerging topics and for sharing of best practices used in public administration. He was also appointed by FCCMA's President to chair its Professional Development and Training Committee and to co-chair the Public Information Committee. Horace, class of 1978, is currently the Assistant City Manager of Oakland Park, Florida.



The St. George's Team wins the Ziadie Cup

In March, over 1200 people attended the annual Ziadie Cup at the Ansin Sports Complex in Miramar, Florida. Alumni and their friends of four Associations, St. George's College, St. Andrew's, Convent of Mercy Academy and Jamaica College reunited for a fun time at the True Blue weekend -enjoying a Meet and Greet Mixer, three exciting soccer matches, the Ziadie Cup after-party and a True Blue Church service.



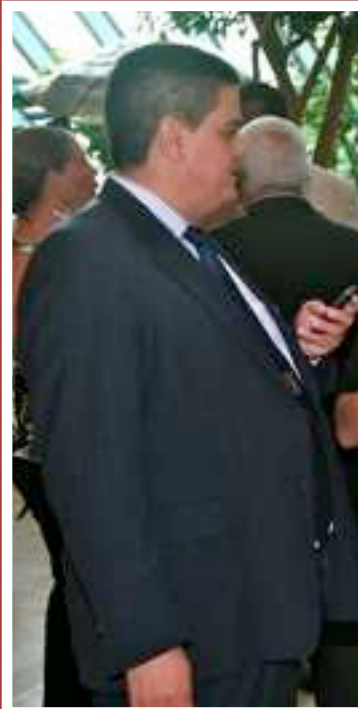
The St. George's College over-50 team defeated the over-50 Jamaica College team with a score of 2-0 in the first match. In the over-35 Masters, Jamaica College defeated St. George's College, 3-2. St. George's won by goal aggregate, 4-3, claiming the Ziadie Cup, March 26, 2011, which marked their sixth win in seven years.



The Fabulous 5 rocks



Close to 1000 partygoers and supporters of St. George's College Annual Fundraiser danced the night away at Le Parc Banquet Hall, Markham, Friday July 29. Greetings from the Mayor of Markham, Frank Scarpitti and from the President of the Ontario Chapter, Milton Hart opened the evening's proceedings. Thanks go out to our sponsors, who once again helped to make the night possible, our executive who spent months in preparation under the guidance of Media Communications expert, Donette Chin Loy and her team, to all those who donated prizes for the the raffle, gate and silent auction. Once again, the true spirit of George's soars with the support of our ever faithful patrons. Thank you to all for helping our school to educate the students who are the future of Jamaica.



**Our illustrious MC,
Gary Thompson**



Profile of a Georgian

In the DaCosta Family, Medicine Matters

By Maryann Brinley

Meet the DaCosta family. Their busy gastroenterology practice is located in a typical medical office off Route 280 at 85 South Jefferson Street in Orange. The place teems with patients several days a week. "In an afternoon," explains Theodore A. DaCosta, Sr., MD, "we'll sometimes see 50 patients." But their practice is anything but typical. This office is full of family, even grandson Teddy, a pre-med major at Seton Hall University. And though Dr. DaCosta, Sr., turned 80 last March and was in the first graduating class of the Seton Hall College of Medicine, which later became NJMS, he too is still there three days a week. His wife, Johanne DaCosta, RN ("the life support of our practice," says her husband), is in the office every working day and has been his nurse since 1964 when they opened their practice. In the DaCosta family, medicine matters very much.

Father, mother, sons, daughters, daughter- and son-in-laws, uncles, cousins and grandsons all follow in the family footsteps. They don't choose these tough professional roads out of duty, however, or because of any coercion at home. As son Theodore DaCosta, Jr., MD, NJMS '89, explains, they select medicine because of "the passion for patients we learned from our parents, coming into the office to be with them as children, sensing how much they love what they do. There was never any pressure to become a doctor. We want to be here."

His dad, seated across the room, has obviously loved practicing medicine. "It all started with my mother," Ted Sr. explains. "She wanted to become a nurse but had too many children" and stumbling blocks thrown into her path. Raised in Jamaica, Ted Sr. spent 20 years there after the family moved to the island when his father's trans-



portation business in the U.S. went bankrupt during the depression. His book, *Lady in Blue*, is a fictionalized account of the "very tough but fulfilling life we had in Jamaica." Ted Sr. sees his mother's story as "rags to riches" inspiration.

"We love our patients and we are here for them." He recalls a classmate years ago who wondered why they hadn't moved the practice out to a more affluent suburb. "Did we go into medicine to make money?" he replied. "Did we take an oath to take care of only one kind of patient, not the ones on Medicaid?" Their answer was obviously no.

Second son, John DaCosta, MD, NJMS'91, is currently in Kentucky working in a poor area where there had been no gastroenterologist for hundreds of miles. It's a temporary post where he's also getting experience in performing ERCP (endoscopic retrograde cholangiopancreatography), a test that can diagnose numerous disorders in the bile ducts, gallbladder and pancreas. John's

wife, Maryann DaCosta, is an RN who has also worked in the family practice. "Kind, compassionate and a fantastic nurse, we hope to get her back," Ted Sr. admits. Ted Jr.'s wife, Judith DaCosta, PhD, earned her doctorate in microbiology from UMDNJ and spent years in the office as well. Meanwhile, the DaCosta's first child, daughter Anna Maria, graduated from the University of Pennsylvania School of Medicine and is a pediatrician at Children's Hospital of Philadelphia (CHOP). She's married to yet another doctor, John Choi, MD, PhD, chief of hematology at CHOP. And their fourth child, Nancy DaCosta Giten, PhD, completed a doctorate in clinical psychology at Hahnemann University and is in private practice in New Jersey. "We worked so hard to pay all those bills. Four kids: four education loans," Johanne sighs.

Ted Sr. and Johanne met 50 years ago at St. Michael's Medical Center in Newark when she called for an intern to assist with a

patient who was unable to breathe. "I needed help cranking up the bed. Remember those old beds? Ted walked in and I got a shock," she says laughing.

"Really?"

"No...but really, it's true. It was emotional but just as shocking," Johanne recalls, laughing. "That's how we met." Her husband agrees that it was love at first sight. "I went home and told my roommate, 'I fell in love tonight,'" she says.

After their marriage in 1961, their children started to arrive in 1962, '63, '65, and '68 but that didn't stop the pair from making miles of house calls. "The older doctors would sign out and younger ones would be on call. For \$5," he says, "and we didn't always get paid." This meant driving to 40 or 50 homes days, nights, or weekends, to Livingston, Paterson, the Oranges, Kearny, Belleville, Harrison, anywhere. "Ted would get lost," Johanne remembers, "so I would navigate. We had no GPS then. No Mapquest. Just me." Navigating northern New Jersey, where so many street names are repeated in various towns, sent them on wild escapades. Imagine being at the right number house, on the right street but in the wrong town. "There we were, ringing the wrong doorbell in the middle of the night."

Ted Sr. remembers a visit to the Newark home of gypsies. The matriarch, or "queen," was in bed with pneumonia. "The 'king' accompanied me to her side and gave me a comprehensive history. I checked her and she had pneumonia. In those days, a shot of penicillin took care of this condition so I gave her a shot and then a script for antibiotic tabs." When he got ready to leave, this king didn't want to pay. "I stared him in the face and explained that the fee was \$5. He laughed, said there was no need to pay because the injection had already been given." Ted Sr. had been warned about gypsies, stood his ground and told this powerfully-built guy that he had given the old woman water, not penicillin. "You cheat me and your wife won't make it," he said. Out came the \$5. After he gave the patient a second shot, the king called him "wise one."

hugged him and shook his hand. "He had met his match," Ted Sr. recalls. "That second shot was the saline, not the first. This family became my patients and they never tried to pull the wool over my eyes again."

Perhaps his experience in that charter class in medical school helped prepare him for almost anything on the job, even those gypsies. "We were the first class and actually received more training than most. Our third year, in fact, was more like internship. By the time I graduated, I had already delivered

**Making miles of house calls
for \$5 each meant driving to
40 or 50 homes days, nights,
and weekends.**

more than 100 babies," he says. There had been 5,000 applications for 80 spots. Classmates were "extremely bright." Some were off the charts intellectually. Leo Pisculli, MD, for instance, had a photographic memory. "I'd give him a large amount of text to look at for 3 minutes. I'd take it away, wait 5 minutes and he'd be able to recite it word for word. The night before a test, he'd look at the book and know everything. He became a psychiatrist because he liked listening to people telling him stories and figuring out what was wrong." (See page 10 for "Road Trip Circa 1959.")

Ted Sr., on the other hand, is a hands-on physician. He chose gastroenterology when he "looked into the future" and could see where it would take him. The specialty has changed over the years, but so much about health still revolves around the gut, he believes. "I learned to use those old endoscopes in very flexible ways. I was pretty good." His son Ted agrees. "There is no doctor like my father. He is the gentlest, most wonderful, caring physician."

The family is currently setting off in a new direction: collaborating on a weight

reduction center that will combine nutrition and exercise interventions with endoscopic and bariatric surgery. "Our plan is to be hospital-based at St. Michael's Medical Center," Ted Jr. explains. In fact, the idea came from grandson Teddy, who told his father, "You know Dad, our patients are overweight."

"I told him to come up with an idea to help our obese patients lose weight. And we did," Ted Jr. says. "Obesity is one of the most serious problems facing healthcare today."

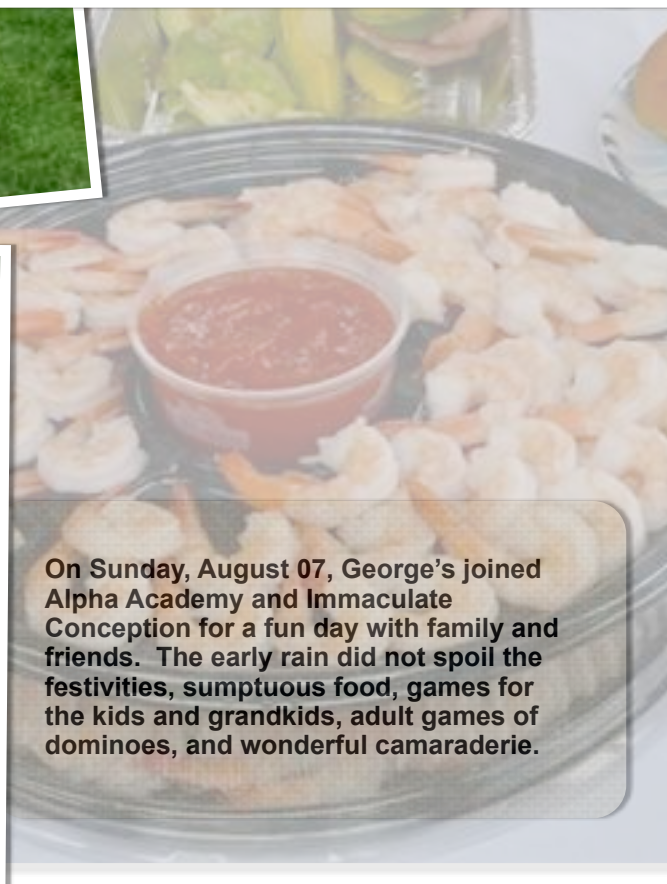
If laughter makes the best medicine, it's easy to see why the DaCostas are a family of healers. They laugh a lot and are unafraid to show their emotions. Take their account of the terrible fire that destroyed their first office in East Orange. The tale is told with humor, not angst. Johanne remembers, "It was 1991 and on Thanksgiving night. We got a call from another doctor's wife whose practice was in the same building. 'Johanne,' she said, 'We don't have an office anymore.' There was a fire. You don't have one either.'"

Their office with patient records, equipment and 27 years of memories would have been completely destroyed if it weren't for the fact that one of the firemen was a DaCosta patient. "Luckily, he got there first and saved us," Ted Sr. adds. "This examining table came from there," he points out. It does have an antique look to it. "We hung the wet paper records up to dry," Johanne explains. "We put them on clotheslines, like damp laundry." Together, they laugh about what could have been a terrible disaster but wasn't in the end. "Look at those burnt edges up there," she says, indicating the framed diplomas, certificates and awards on their office wall. All have a slightly charred but artsy look.

Sitting opposite his dad, across from the rescued examining table is Ted Jr.

"Everybody has a hero," he says. "But not everyone can have their best friend be their father as well as their hero." There's a long pause in the room all of a sudden. And with that note, the laughter stops and a few tears are shed. ●

FAMILY PICNIC @ MILNE PARK



On Sunday, August 07, George's joined Alpha Academy and Immaculate Conception for a fun day with family and friends. The early rain did not spoil the festivities, sumptuous food, games for the kids and grandkids, adult games of dominoes, and wonderful camaraderie.

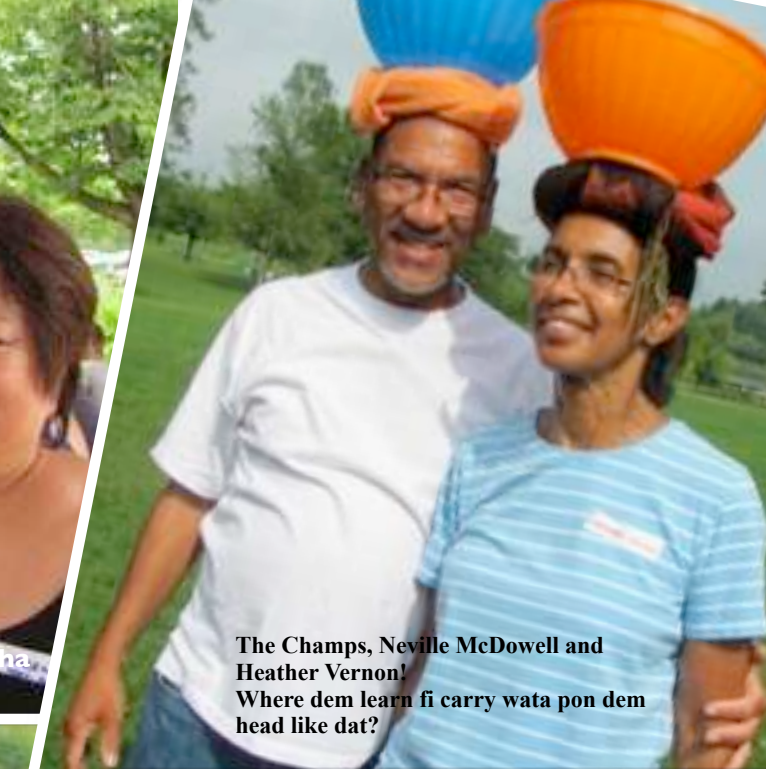
THE PRESIDENT TRIO



Annette Wong, ICHS

Milton Hart

Karen Yee, Alpha



The Champs, Neville McDowell and Heather Vernon!
Where dem learn fi carry wata pon dem head like dat?



**"I think
yu waist
too big,
Richard."**



ANNUAL GOLF TOURNEY

Friday, August 26, 2011
@ Columbust Golf Course, Oshawa



The Tournament was held at the Columbus Golf Course in Oshawa, deep in the north-east end of Toronto. It was overcast initially, but the sun came out and shone brightly at 1:00 right up until 4:30 PM when we were finished. A lovely course it was, well kept, with rolling, plush fairways and sloping smooth greens which challenged the best of the players in our tournament. Tall fescue clumps which were sprinkled all over the course were the killer. Even when my ball rolled gently into it by about 6 inches, it was hopeless trying to find it. I lost about 6 balls, all told.

Nobody fell into a pond this year, so we found other things to laugh at, like each others' bad shots. **Mikey Haddad**, who was in my threesome, had some bad shots too, but never got flustered once, and laughed at them all. He was calmer than a Tibetan Monk. Me? I am still burning over how badly I played. Overall though, we all had a great time, just as we have had in all past tournaments.

There were 24 golfers in the Tournament this year, about 18 of whom were Georgians. Golf favourites **Fen Chang** (who plays a fair game of golf) and **Paddy Chung** (whose divots are too heavy to place back on the ground) were noticeably absent. Some of the golfers this year were guests of Old Boys. I sincerely hope that next year, we will have a far better showing of our Association's membership.

Following the game we all went to **Eunice and Rudy Chin's** lovely home for our Tournament dinner. These great hosts treated us royally. We ate a delicious curry goat, jerk chicken, salad, rice & peas, and had lovely desserts like cassava pudding, cake and ice cream. The meal was

graciously catered by **Anita Chang**, who once again surpassed herself as our official tournament chef.

Then it was time for the prizes to be handed out. Two lovely hand-made flower arrangements by **Eunice Chin** were given out, one each to **Joanie Lyn** and **Pam Summers**, for being our only two female players. **Jimmy Lai Tyam, Francis Dalhouse, Peter Chin and Leon Lue** were awarded a small cash prize for being "closest to the hole." Longtime favourite golfer, **Dooley Chung** came in third place. Almost a winner this year was second placer, **Danny Chin**. Finally, this year's big winner was none other than the man who plays golf because he is too out-of-shape to play softball, **Rudy Chin**. Congratulations to you, Rudy! Your friends in England will be pleased.

It was downright gentlemanly of **Rudy and Peter Chin** to donate their cash prizes towards the topping up of the Burke building donation. We hope for even bigger amounts next year with greater member participation. **Carl Chang** has asked me to thank everyone who participated for their contribution of CAD \$420.

Thanks to all for a great round of golf!

Submitted by **Neil Dalhouse**

"Have you found joy in your life?"

Rev. Peter Rickards



Have you seen "The Bucket List?" It is a good movie starring Morgan Freeman and Jack Nicholson. In one scene the two men are sitting atop one of the great pyramids and the Freeman character asks Jack Nicholson this question, "Have you found joy in your life and has your life

brought joy to others?"

As part of my ministry as a Deacon I visit the Peel Manor Nursing Home in Brampton. There I meet elderly people many of whom have lessons to teach about joyful living even when they are deprived of their independence and in some cases abandoned by family and seemingly forgotten by most of the world. I think, in particular, of a real friend I met there named, Bert.

Bert died recently but what a joy it was to know him. His last years were mostly spent in a wheel chair, the

result of a stroke he had suffered. But did he ever have a real joy for life. He had been a volunteer at the Manor for many years before becoming a resident. Every night he wheeled himself around saying, "Good night" to as many residents as he could. We had our own greeting for each other, an ancient Jewish greeting of "Shalom". Bert wasn't Jewish but he knew that "Shalom" meant more than just "hello". It means "May God be generous to you, may He enrich you with His love and with His bounty".

Have you found joy in your life? Has your life brought joy to others? If you would like to spend a weekend considering these questions and perhaps to re-discover the joy of living may I suggest a return to our roots and to the sacramental life of the Church in a renewed spirit.

If there are any Old Boys who would like to join me in a retreat at the Jesuit Retreat Centre at Manresa in Pickering please send me an email at pluto123@sympatico.ca, advising me of your interest. If I get sufficient numbers I will make the arrangements.

A retreat usually lasts from Friday evening about 6:00p.m. to Sunday after lunch. The food is good and the Jesuit spirituality, even better.

PAX CHRISTI

The execs @ monthly meetings -intense planning



Every month The Old Boys' Association execs meet on a Sunday morning for a 'working brunch' to plan the year's activities. These photos are courtesy of our newest Board member, Omari Spence, at the home of John and Annette Flynn in Brampton, ON. John Flynn is our resident Executive Chef!

We miss Uncle P, and wish for his speedy recovery.

Ad Majorem Dei Gloriam

Good and True St. G.C. OBA Ontario

Members of Georgian community who have passed on

Obituaries

Marsha Anderson, Social Studies teacher at St.G.C. for twelve years, Dean of Sixth Form, died at young age of 39, September 09, 2010. She is survived by parents, three brothers and a sister. She is missed by family and the whole Georgian community. Tribute to Marsha Anderson, published in *The Jamaica Observer*, http://www.jamaicaobserver.com/Marsha-Anderson-exquisite-educator_8016436

Pauline Harper, passed June 23, 2011. She joined the St.G.C. staff in 1988 as teacher of mathematics and retired because of battle with cancer in 2006. She served also as First Form Supervisor and Vice-principal of Lower School. She is missed by family, friends, and the Georgian community for her service and dedication to the school.

Ethan Collingwood King, passed peacefully, Wednesday, August 17, 2011 in his 99th year. Survived by wife, Lilian, children, grandchildren and great grandchildren, father of Georgians **Michael, Ernest, Raymund, Trevor and Denis King**. Obituary is published in *The Toronto Star*, <http://www.legacy.com/obituaries/thestar/obituary.aspx?n=ethan-collingwood-king&pid=153173652>

Richard James, St.G.C. class of 1961, age 65, died Sunday, July 03, 2011, leaving wife, Malinda, mother, children, grandchildren and other relatives.

Victor Ignatius Morris, Knight of St. George, class of 1957, passed March 12, 2011 in Boynton Beach, FL at the age of 72, leaving wife, Gloria, children, grandchildren and other relatives. He was born in Alexandria, St. Ann, Jamaica. Devout Roman Catholic and philanthropist, he gave aid to Missionaries of the Poor in Jamaica, and established Lay Missionaries International to serve the poor in Haiti.

Keith Noad, St.G.C. Class of 1947, died peacefully at his home after a long illness, in Orlando Florida, April 03, 2011. He was born Kingston, Jamaica, January 14, 1927. In his youth, he was an outstanding athlete and renowned soccer coach. Obituary is published in *Orlando Sentinel*,

<http://www.legacy.com/obituaries/orlandosentinel/obituary.aspx?n=keith-andrew-noad&pid=150243535>

Lauritz Oswald Ramson, Commander of the British Empire, Justice of the Peace, retired Chairman of Chas. E. Ramson Ltd., passed April 23, 2011 in his 98th year. father of StG.C. Old Boy, **John Ramson**.

Reginald C. Rickman, age 82, died suddenly in Forest Hills, New York, June 15, 2011, leaving children, grandchildren and other relatives. Graduate of St. George's College, he served in the US army during the Korean war. Settled in New York, where he pursued a distinguished career in business.

Monica Robinson, passed September 09, 2011. She started teaching at St.G.C. in 1975 until she retired in 1995. Miss Rob, as she was affectionately called, served as Vice-principal of Lower School, and was famous for her expert coaching of soccer, winning the Under 13 Pepsi Championship for the school in 1988.

Gerald Etienne Tucker PhD, St.G.C. Class of 1948, Professor of Political Studies at Bishop's University, died of cancer, April 20, 2011. He was born August 14, 1930, survived by his wife of 44 years, Mieke Koppen, children and grandchildren. Obituary is published in *The Globe and Mail*, <http://v1.theglobeandmail.com/servlet/story/Deaths.20110423.93262882/BDAStory/BDA/deaths>

Large group of Georgians came out to pay their respects to Ethan Collingwood King.

Captured here, L-R, Tony McDowell, Patrick (Skedron) Smith, Trevor King, Carl Chang





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BURKE BLDG



The Archbishop Lawrence A. Burke Centre is due for completion early 2012. Carl Chang, Jamaica Liaison for the Ontario Chapter, assumed the momentous responsibility for this project. The building will add ten new classrooms to alleviate overcrowding in the lower school. In January 2009, an official ground breaking ceremony was held, attended by Archbishop Lawrence Burke S.J. after whom the building was named. After much preparation, planning and fundraising, construction began in April of this year. It is a 60m dollar project, 40m of which has already been raised due to the generosity of old boys in Jamaica, Canada and Florida. The difference of 20m is still needed to complete the project. See below instructions for donations to the building fund. Please continue to be generous to our *alma mater*.

INSTRUCTIONS FOR DONATIONS

JAMAICA

Make cheque payable to **St. George's College** with note, "Building Fund"

MAIL TO:

Chairman or Principal
St. George's College
Winchester Park North Street,
Kingston CSO Jamaica



UNITED STATES & CANADA

Make cheque payable to: **Canadian Jesuits International**
MAIL TO:

St. George's College Old Boys' Assoc.(Ontario Chapter)
c/o G Raymond Chang Ltd
51 Yonge Street
Suite 300
Toronto, Ontario, M5E 1J1
Canada

Note: For USA & Canada residents, send with your cheque a separate note indicating "Building Fund" and your return mailing address for issuing of tax- deductible receipts.

UNITED STATES RESIDENTS ONLY

You may click on the link below to pay online with a credit card via PayPal or by mailing in your cheque to the address below. These payments will be distributed through the Florida Chapter, which is a 501 (c) (3) non-profit organization, hence allowing the donation to be tax deductible.

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Donate with a cheque payable to STGCOBAFL Inc.

Mail To: STGCOBAFL

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Credit and thanks go to
RAY CHANG, CARL CHANG, CHRIS CHIN, TONY WONG, AND OMARI SPENCE for contributing photos for this issue of *Good & True*.



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